

Sandwiches

Available 12pm–2.30pm

All our sandwiches are served on white or wholemeal bread

All sandwiches are buttered and served with a salad garnish and chunky chips.

Toasted sandwiches available for an additional 50p.

Egg Mayonnaise (V)	£5.50
Chopped boiled eggs bound in mayonnaise	
Mature Cheddar Cheese (V)	£5.95
Grated Mature Cheddar Cheese	
Home Cooked Ham	£6.50
Please choose from either plain, with English mustard or pickle	
Tuna Mayonnaise & Cucumber	£6.95
Chunky tuna bound in mayonnaise	
Sweet Chilli Chicken	£6.95
With iceberg lettuce	
Prawns with Marie Rose Sauce	£7.95
Succulent prawns in a classic Marie Rose sauce	

Jacket Potatoes

Available 12pm–2.30pm

All Served With a Salad Garnish and Butter.

Melted Cheddar Cheese (V)	£6.50
Cheddar Cheese & Beans (V)	£6.95
Tuna Mayonnaise	£6.95
Prawns with Marie Rose Sauce	£7.50

Omelette's

Available 12pm–2.30pm

All served with Salad Garnish and Chunky Chips.

Plain Omelette (V)	£6.50
Cheddar Cheese Omelette (V)	£6.95
Mushroom Omelette (V)	£6.95
Cheese & Ham Omelette	£7.50

Flat Bread Pizzas

All Served With Chips, Salad & Homemade Coleslaw

Margherita (V)	£8.95
Tomato base simply topped with mozzarella and finished with fresh basil	
Pepperoni	£9.95
Tomato base topped with mozzarella and pepperoni	
The Chicken BBQ	£10.50
BBQ base topped with diced chicken, sweetcorn and mozzarella	

The Regal Favourites

Most also available as a Deli Option between

12pm-2.30pm

Local Lambs Liver & Bacon	£10.95/£8.95
I.O.W Lambs Liver cooked with bacon, onions and red wine. Served with a trio of seasonal vegetables, creamy mashed potato and rich gravy,	
Fresh Beer Battered Cod	£12.50/9.50
Fresh locally caught cod fillet, skinned, battered and deep-fried in our homemade beer batter. Served with triple cooked chips, homemade mushy peas, lemon wedge and homemade tartare sauce.	
Chef's Homemade Beef Lasagne	£11.50/9.50
Minced beef slow cooked in a tomato and basil sauce layered with pasta sheets and béchamel sauce. Served with garlic ciabatta and salad garnish.	
Steak & Kidney Pie	£11.95
Individual steak & kidney pie served with a trio of seasonal vegetables, creamy mashed potatoes and rich gravy,	
Roasted Mediterranean Vegetable Tart (V)	£10.50/£8.95
Topped with feta cheese and balsamic glaze. Served with buttered new potatoes and salad.	
Breaded Wholetail Scampi	£11.50/9.50
Served with house dressed salad, chips, homemade tartare sauce and a lemon wedge.	

From The Chargrill

Chargrilled Chicken Breast	£11.95
Served with Chips, Homemade Onion Rings, Roasted Tomato, Baked Field Mushroom and Garden Peas	
Chargrilled 10oz Gammon Steak	£12.95
Served with Chips, Homemade Onion Rings, Roasted Tomato, Baked Field Mushroom and Garden Peas	
Chargrilled 8oz Rump Steak	£14.50
Served with Chips, Homemade Onion Rings, Roasted Tomato, Baked Field Mushroom and Garden Peas	
Mixed Grill	£15.95
4oz Rump Steak, 5oz Gammon Steak, Sausage & Half Chicken Breast. Served with Chips, Homemade Onion Rings, Roasted Tomato, Baked Field Mushroom and Garden Peas	

Chicken Dishes

Hunters Chicken	£12.95
Butterfly chicken breast simply topped with BBQ sauce, bacon bits, mozzarella cheese & cheddar. Served with fries and salad.	
Chicken Gorgonzola	£13.95
Butterfly chicken breast topped with gorgonzola cheese and breadcrumbs. Served with salad and fries	
Chicken Mexicana	£12.50
Butterfly chicken breast with Mexican tomato salsa. Served with salad and fries.	
Chicken Aioli	£12.50
Pieces of chicken breast cooked in our homemade smoked garlic butter with peppers and onions. Served with salad, fries and garlic mayo.	

Please do not hesitate to speak to your waiter or waitress if you have a specific allergy or food intolerance, they will be happy to help you.

Pasta Dishes

All Served With Salad & Garlic Ciabatta

Spinach, Pork & Ricotta Ravioli £10.95

Pork, cheese & spinach filled pasta cooked in a rich tomato and basil sauce.

Salmon & King Prawn Linguine £13.50

Chunky pieces of salmon and king prawns cooking in a creamy white wine, mustard and tarragon sauce.

Cheese & Broccoli Gnocchi (V) £10.50

Plump potato gnocchi cooked in a creamy two cheese and broccoli sauce, topped with breadcrumbs then baked.

Fish Dishes

Chunky Salmon Fillet £15.95

Chilli, lime & soy glazed salmon fillet with a warm, chunky tomato & pepper sauce. Served with thinly sliced and fried potatoes and a trio of green vegetables

Pan-fried Seabass £14.95

Topped with lemon and parsley. Served with crushed new potatoes, a trio of vegetables and lemon & herb butter.

A Bit On The Side

Skinny Fries £2.95

Cajun Spiced Fries £3.50

Seasonal Vegetables £2.50

Sauteed Potatoes £2.95

Garlic Ciabatta £2.95

Side Salad £2.50

Homemade Beer Battered Onion Rings £2.50

Buttered New Potatoes £2.50

Homemade Peppercorn Sauce £2.95

Desserts

Chef's Homemade Crumble of the Day £5.50

A sweet fruit crumble finished in the oven.

Served with custard.

Sticky Toffee Pudding £5.95

A classic staple pudding served with cream.

Strawberry Eton Mess £4.95

Juicy summer strawberries bound in whipped cream, meringue and raspberry coulis.

Served with a wafer and chocolate pieces.

Chef's Homemade Lemon Cheesecake £5.50

Cream cheese, fresh lemon and cream on a buttery biscuit base.

Served with lemon sorbet and fresh raspberries.

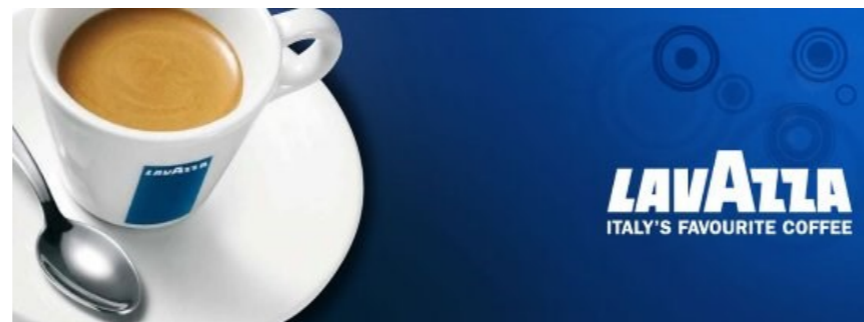
British & Continental Cheese Board £7.50

Brie, Cheddar & Stilton

Served with grapes, red onion chutney, celery, apple & crackers

Freshly Ground Lavazza Coffees and Teas available.

Please see a member of staff.



*The
Regal
Restaurant
at
Shanklin Conservative Club*

Menu

Telephone 863909 Extension 2 for bookings